

# Englisch

refugio stuttgart is a counselling centre. We support refugees who suffer mentally from their past experiences.

Many refugees have experienced horrible events in their home country or while fleeing to other countries. They often recall these experiences repeatedly and may have problems like frequent headaches, sleep disorder or anxiety. At the counselling centre you can talk to professionals about these problems. We are obliged to maintain confidentiality and we provide our own interpreters.

If you would like to arrange an appointment, please call us. If you do not speak German well enough, please ask someone to call on your behalf and report about your situation. During this phone call, you will receive further information.

## **Counselling by phone:**

Stuttgart and surrounding area	Tel. 0711 969832-52
Wednesday	2 pm–4 pm
Friday	9 am–11 am
Tübingen and surrounding area	Tel. 07071 99046-19
Wednesday	3 pm–5 pm
Friday	10 am–12 am